SHANGHAI

Your first 3-5 days.
Already planned.



Old lanes. Big views.
Your friend’s favourite finds.

Daily routes / three food choices a day / coffee / shopping
small street maps / Eva’s reels and TikToks

FREE PREVIEW / SELECTED PAGES

What am I doing today?

01

Old Shanghai + the Bund ›

The river, garden and Yuyuan after dark.

ESSENTIAL / START PAGE 9

02

Wukang + Anfu + Xintiandi ›

Leafy streets, resale finds and a proper lunch.

ESSENTIAL / START PAGE 13

03

Shanghai Tower + Greenhouse ›

High views; a coffee-price insider option.

ESSENTIAL / START PAGE 17

04

Jing’an + The Louis ›

Shopping, the exhibition and Starbucks next door.

OPTIONAL / START PAGE 22

05

Zhujiajiao water town ›

Canals, a garden or boat, and time for tea.

OPTIONAL / START PAGE 27

Each day has a plan, close-up maps, photo inspiration and three dining choices. Pick one food option to suit your appetite and budget.

Where to stay ›

Shopping + coffee ›

Set up your phone ›

Flights, hotels + trains ›

DAY 1 / ESSENTIAL

Old lanes.
Big city energy.



City views first. Dumplings and Yuyuan after dark.

Named venues open websites / visitor info; maps are on the next page.

08:30 — **Breakfast near your hotel**

Try shengjian or noodles before the shopping streets.

Use the hotel's nearest breakfast; leave by 09:15.

09:30 — **Nanjing East Road ›**

Choose a couple of shops; leave the rest for another day.

Finish about 10:35; walk east 20-30 min.

11:00 — **The Bund ›**

Skyline ahead; historic façades behind you.

Finish 11:55; L10 + L12 to North Bund, 35-50 min.

12:45 — **BAKTRO lunch / your food choice ›**

A seated bistro lunch on the North Bund.

Lunch choices on today's food page; allow about an hour.

14:00 — **North Bund riverside ›**

A fresh skyline angle and a chance to sit.

Leave 14:35; L12 + L10 to Yuyuan, 35-50 min.

15:30 — **Yu Garden interior ›**

The ticketed garden is the daylight part of today.

CNY30-40 adult; last entry 16:00. Closed Mon except holidays.

17:30 — **Nanxiang dumpling dinner ›**

Xiaolongbao at 85 Yuyuan Road; check the queue.

Allow 60 min; the market lanes are 5-10 min away.

18:45 — **Yuyuan Market after dark ›**

Eva's pick: illuminated lanes and teahouse views.

Stay to about 20:00; adjust to sunset and events.

Today's map + directions ›

FREE PREVIEW / SELECTED PAGES

DAY 3 / THE GREENHOUSE



Watch Eva’s Greenhouse TikTok ›

Photography: Eva Kydd

Save something for after dark.

Book an advertised evening session for aquarium reflections and illuminated plants. Eat first, then wander. If only daytime entry is offered, visit in the afternoon and enjoy the park afterwards.

Adult: CNY98 weekdays / CNY128 weekends + holidays. Usual day entry 09:00-17:00, last 16:30; Mon closed except holidays. Book 上海世博文化公园. Evening opening applies only to advertised dates.

GET THE SHOT

Look for a reflection, a silhouette or a plant detail. Use night mode without flash where permitted, and let the phone finish the exposure before moving.

Current access / booking guide ›